

# Campusloop Corona Protocol

## General:

- Always keep 1,5 meter distance. Stay away from jury, public and other participants.
- Always follow the protocol of the sportscentre of the University of Twente. The sportscentre will only be used for picking up the starting numbers. You cannot use the dressing rooms, do this at home.
- The Utrack in front of the sportscentre is reserved during the competition. Only come here as jury or participant during the times communicated with you. There is no audience allowed on the Utrack.

## Before the start of the contest:

- Picking up the startingnumber can in the sportscentre at the communicated times. These will be published later. Please try to avoid busy and crowded times.
- Don't do the warming up on the athletics track and avoid crowded places during this warming up
- Be on time present before the start of the contest.

## During the contest:

- The startingtimes of the 3 km and 5 km differ with half an hour.
- You will be notified by the organisation at what time you may start. Please make sure that you are ready to start then. There will be announced by the microphone when you may start.
- Follow the walking routes as showed on the map below.
- If you may start, follow the given route to the track. Stand in a line before the start. Keep 1,5 meters distance. The line has a maximum of 30 persons. When 10 persons has started, 10 new people can enter the line.
- There will start someone every 10 seconds. Then move up one spot. If you are at the start, always follow the instruction of the starters.
- Keep right when running, such that others can overtake on the left. Try to keep 1,5 meters distance here as well.
- Follow the parcours until you reach the finish.

## After the contest:

- If you crossed the finish line, your chip will be removed by a voluntary person. Leave the track afterwards as fast as possible by the showed route on the map.
- Make sure it will not be too crowded at the exit.
- There is no medal ceremony after the contest, the results will be published online.

